## 2015-2016 Calendar

## Deaf and Hard of Hearing Services (DHHS)

## SEPTEMBER 2015

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#### **Introduction to Deaf Culture** Sept. 16. 9:30-11:30

Learn more about the vibrant Deaf Community. Its history, values, norms and traditions. Participants will also be exposed to language and communication challenges that impact persons who are deaf in family settings, on the job and in everyday life.

## **DECEMBER 2015**

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## **Hearing Loss in the Workplace** Dec. 17, 1:30-3:30

There are nearly 29 million people with a hearing loss in the U.S. work force or educational setting! This workshop will identify effective communication strategies, helpful assistive technology, and valuable resources to help hearing and hard of hearing co-workers.

## **OCTOBER 2015**

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## **Beginning Sign Language** Oct. 22, 1:30-3:30

Learn basic signs & phrases, and become familiar with some of the characteristics of American Sign Language and glean an understanding of the importance of gestures, mimes and reading facial expressions and body language.

## **JANUARY 2016**

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## Dispelling the Myths: Deaf and Hard of Hearing 101 Jan. 13, 9:30-11:30

Did you know that 1 out of 5 Americans has a hearing loss? There is great diversity found among people with a heaing loss. Learn more about people who are Culturally Deaf, "little d" deaf, latedeafened, DeafBlind and hard of hearing.

## **NOVEMBER 2015**

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#### **Hearing Loss: National Health Alert!** Nov. 18. 9:30-11:30

Hearing loss is a growing public health issue. During this workshop you will gain an awareness of the impact of hearing loss and some strategies to use when working or living with a person who is hard of hearing or late-deafened.

## **FEBRUARY 2016**

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## **Deaf Panel: Personal Stories & Triumphs** Feb. 18. 1:30-3:30

Deaf panelists will share their "life stories" as individuals with a hearing loss, and their personal philosophies on hearing loss related issues. Learn about the difference between "Big D" and "little d" deaf and what it means to be "culturally deaf" vs. "late-deafened."

## Free DIVERSITY Trainings

Location: Golden Rule Bldg., Suite 105 85 East 7th Place, St. Paul

(Note: Registration information on Page 2)

## 2015-2016 Calendar

# Deaf and Hard of Hearing Services (DHHS) Free DIVERSITY Trainings

## **MARCH 2016**

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## Beginning Sign Language March 15, 9:30-11:30

Learn basic signs & phrases, and become familiar with some of the characteristics of American Sign Language and glean an understanding of the importance of gestures, mimes and reading facial expressions and body language.

## **JUNE 2016**

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Deaf, Deaf World: Immersion into the World of Hearing Loss (Pick only one) Jun 15, 1:00-3:30 *OR* Jun 16, 9:30-12:00

Back by popular demand. In this unique, fun and very "hands-on" training participants will: experience what it is like to function in a smaller culture where being Deaf is the "norm," experience a simulated hearing loss while attempting to respond appropriately to verbal instructions, and finally, hear from a panel of diverse individuals with hearing loss.

## **APRIL 2016**

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## Mental Health Services in the Deaf Community April 13, 9:30-11:30

Learn about unique mental health needs that are often found in the Deaf Community including communication and cultural concerns. Also learn why it's so important to work with a specialized mental health interpreter.

## **Registration Information:**

Phone: (651) 431-5940 (or use your preferred Telecommunications Relay

Service)

Email: <u>dhhs.metro@state.mn.us</u>

Please provide the following information when registering:

-Name - Phone number - Email address

-Title & Date of training -Employer & Job Title

**NOTE**: All trainings will be held at Golden Rule Building, Suite 105, 85 E. 7th Place, St. Paul, MN

State employees <u>and partnering agencies</u> are invited to attend and can register through the <u>DHS Central Office Learning Center</u>. If you do NOT have a unique key on Pathlore (CO Learning Management System) you may still register, but need to do so by contacting Deaf and Hard of Hearing Services directly.

## **MAY 2016**

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## Hard of Hearing Panel: Personal Journeys & Victories May 19, 9:30-11:30

It is through the stories of others that we can learn about the true impact of hearing loss. The experience of going from a "typical" hearing person to a person who is hard of hearing will be shared by 4-5 panelists. At the end of the panel discussion the audience will have an opportunity to ask questions.

#### **Accommodations**

If you need a sign language interpreter, CART Services, assistive listening device (ALD) or other accommodation, you must notify DHHS at least two weeks prior to the training session. This information is in accessible formats for individuals with disabilities by calling (651) 431-5940 or by using your preferred Telecommunications Relay Service.